



Themed Walks No. 4

## Tregib Sculpture Trail

Family-friendly fun in the woods

### Tregib Sculpture Trail at a glance

Distance	2km
Time	2 hours

# Tregib Sculpture Trail

The Woodland Trust Woods at Tregib provides an opportunity to experience Ancient Woodland, wildflower meadows, new native woodland and enchanting sculptures, all within a stone's throw of Llandeilo Town Centre.

#### Look out for

Signs of wildlife – otter or badger tracks in soft mud, birds nesting in trees and hedgerows. Can you spot the rabbits and fox hiding in the trees?

#### Don't forget to

Try and find the little dormouse tags which have been hidden on each sculpture. How many can you find? Follow the path marker signs as you go around.

#### Be aware

The car park can get busy sometimes, so take care when starting off and returning here. After stormy weather some trees may have fallen and/or loose branches hanging in their crowns so remember to look up when going through the older woodland.

#### Be prepared

We recommend that you are equipped with a map and know how to use one. Please ensure that you are suitably dressed and prepared for all weather conditions. Suitable boots or other footwear is essential as the ground can be wet sometimes, although the trail follows well maintained paths and boardwalks making it suitable for all.

#### Thank you

Thank you to the Woodland Trust for working in partnership with Tywi Afon yr Oesoedd on this woodland boardwalk and sculpture trail.

TYWI AFON YR OESOEDD



TYWI A RIVER THROUGH TIME

## THE ROUTE

### 1 A flying dinosaur? Oh no, it's a Heron!

You are walking into one of the largest areas of ancient woodland in the Tywi Valley, and this one is also a Site of Special Scientific Interest. The pathway leads you round to the first sculpture – can you tell what it is yet? Herons are often seen flying over the woods and fish in the River and streams nearby. Why do you think the Heron has long legs and a long beak? Can you find the dormouse hiding on the stump?

As you come closer to the older woods you will see the big ancient trees which have survived for centuries. Other examples can be seen at Dinefwr Park and Castle Woods across the river.

### 2 Into the woods!

There is a friendly otter here offering a seat if you need a rest or a place for a snack and a drink. Isn't he lovely? What is he eating?

The ancient woodland is mostly oak and ash with hazel coppice together with wet woodland dominated by alder. The woodland was clear felled during the First World War and the few remaining old trees are found mainly on the boundaries, which retain some of the epiphytic communities and are a refuge for many species rare or absent from the rest of the woodland. The woodland is botanically diverse with over 100 plant species being recorded. Dormice have also been recorded on the site, and we don't mean the ones hiding on the sculptures!

### 3 Who's that trip-trap-tramping over my boardwalk?

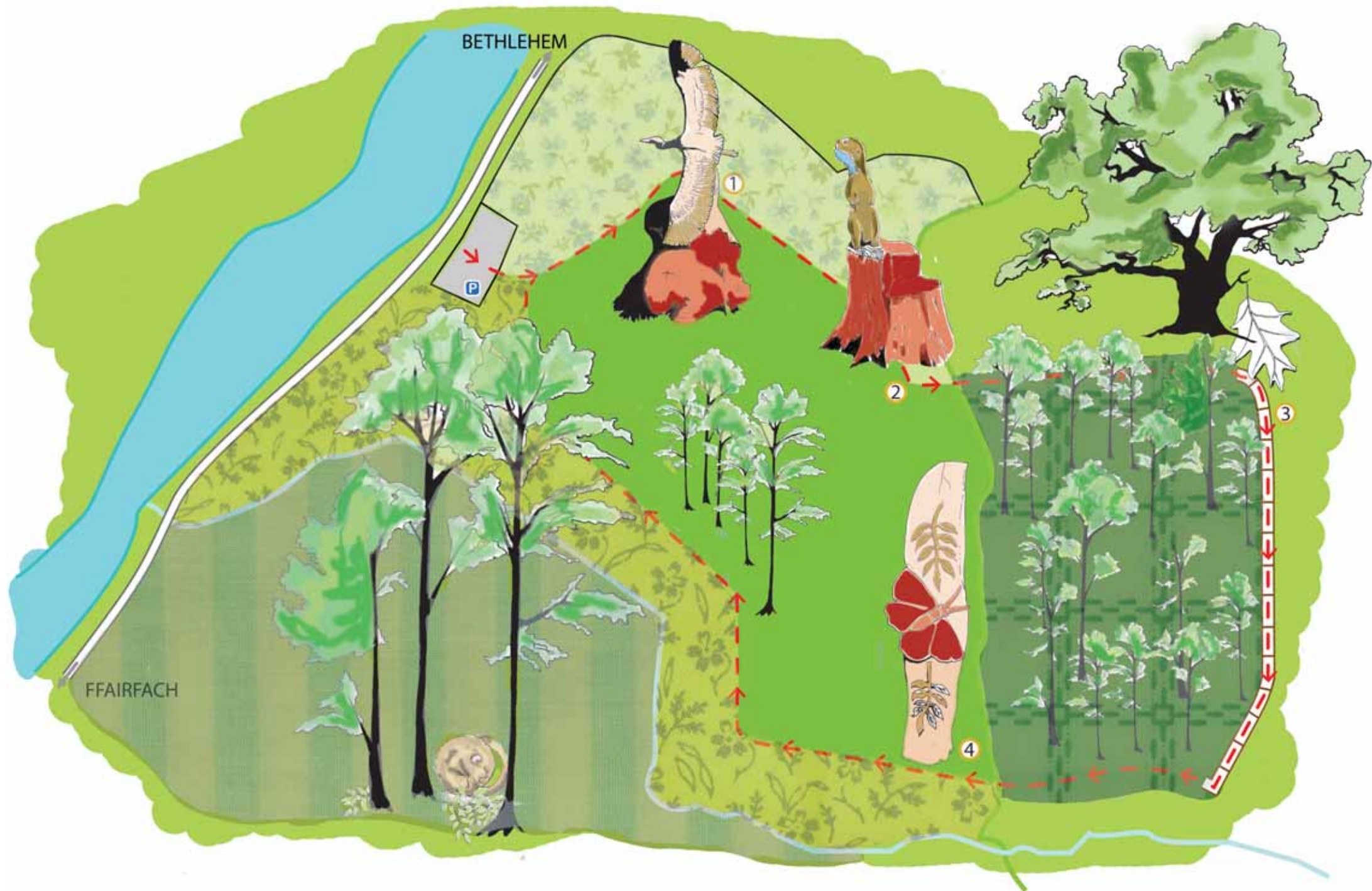
Don't make too much noise through this dark, mysterious section of the wood; you might scare away the wildlife. If you look carefully you might spot some woodland birds like blackbird, blue tits or maybe even a jay. This wet woodland area is brilliant for wildlife with lots of wetland specialist plants and insects providing food for birds and animals.

The boardwalk was specially built to allow easier access over the boggy ground with the help of the Woodland Trust's contractors and Tywi Afon yr Oesoedd project Volunteers from Tregib and Pantycelyn Schools.

### 4 Magical minibeasts!

As you leave the old wood, take time to study the totem pole butterfly. This is a Brown Hairstreak which is a beautiful and secretive butterfly that depends upon hedgerows and woodland edges for its survival. As you walk back toward the car park, take a look at all the different types of trees that have been planted in this section of the woodland. These are all quite young having only been planted in winter 2004/2005. Are they younger or older than you? Look how tall they are for their age compared to you!





## Taking further steps in the Tywi Valley

The Tregib Sculpture Trail is one of a series of 6 themed walks that have been created to encourage access to the Tywi Valley. The walks have been made possible thanks to local farmers and landowners and the Tywi Afon yr Oesoedd Project that is funded by the Heritage Lottery Fund and the Rural Development Plan.

For further information on any of the Tywi Afon yr Oesoedd themed walks please visit

[www.tywiariverthroughtime.org.uk](http://www.tywiariverthroughtime.org.uk)



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