

Themed Walks No. 3

Orienteering at Gelli Aur Country Park

Orienteering at Gelli Aur Country Park at a glance

Distance **2 km**
 Time **between 30 minutes and 2 hours**

Orienteering at Gelli Aur Country Park

Orienteering is a sport that can be enjoyed by anyone from pre-school children to elderly people. All that is required is enthusiasm and a willingness to embrace map-reading. Orienteering is also a fun and exciting way to experience the beautiful setting of Gelli Aur Country Park.

Look out for

Deer and other wildlife in the country park.

Don't forget to

Take care not to disturb the wildlife or to venture off the paths marked on the map.

Be prepared

We recommend that you are equipped with this map a compass and a pencil, as well as suitable footwear and clothing for the terrain, ground and weather conditions.

Thank you

Thank you very much to Gelli Aur Country Park for working closely with Tywi Afon yr Oesoedd on this project and for allowing the project to set up an Orienteering trail in the park.

Who is orienteering suitable for?

Age is no barrier to orienteering: all you need is lots of enthusiasm. Orienteering challenges are not necessarily about fitness; other strengths, such as organisation and communication, are important. Orienteering is as competitive as you want to make it.

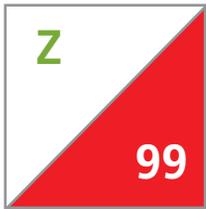
What is a Yellow Course?

The course at Gelli Aur is a Yellow course which is ideal for beginners. Most of the course is on a path and is a good first course for anyone to try, and great for families to go around together. An orange course, which is slightly more difficult, is also available in Gelli Aur Country Park.



The Orienteering Course

The Orienteering map shows 15 purple circles, each of which is given a letter. These circles mark the location of an Orienteering Marker. The markers are white and red and look like this:



Each Marker will have the Letter on it which corresponds to the letter in a purple circle on the Map

plus a code number which you need to record to show that you found the marker. You will need to copy the code number onto your control card in the appropriate numbered box.

You may undertake the course in any order you wish to. Why not set yourself a time challenge and see how many codes you can find in the time allowed?



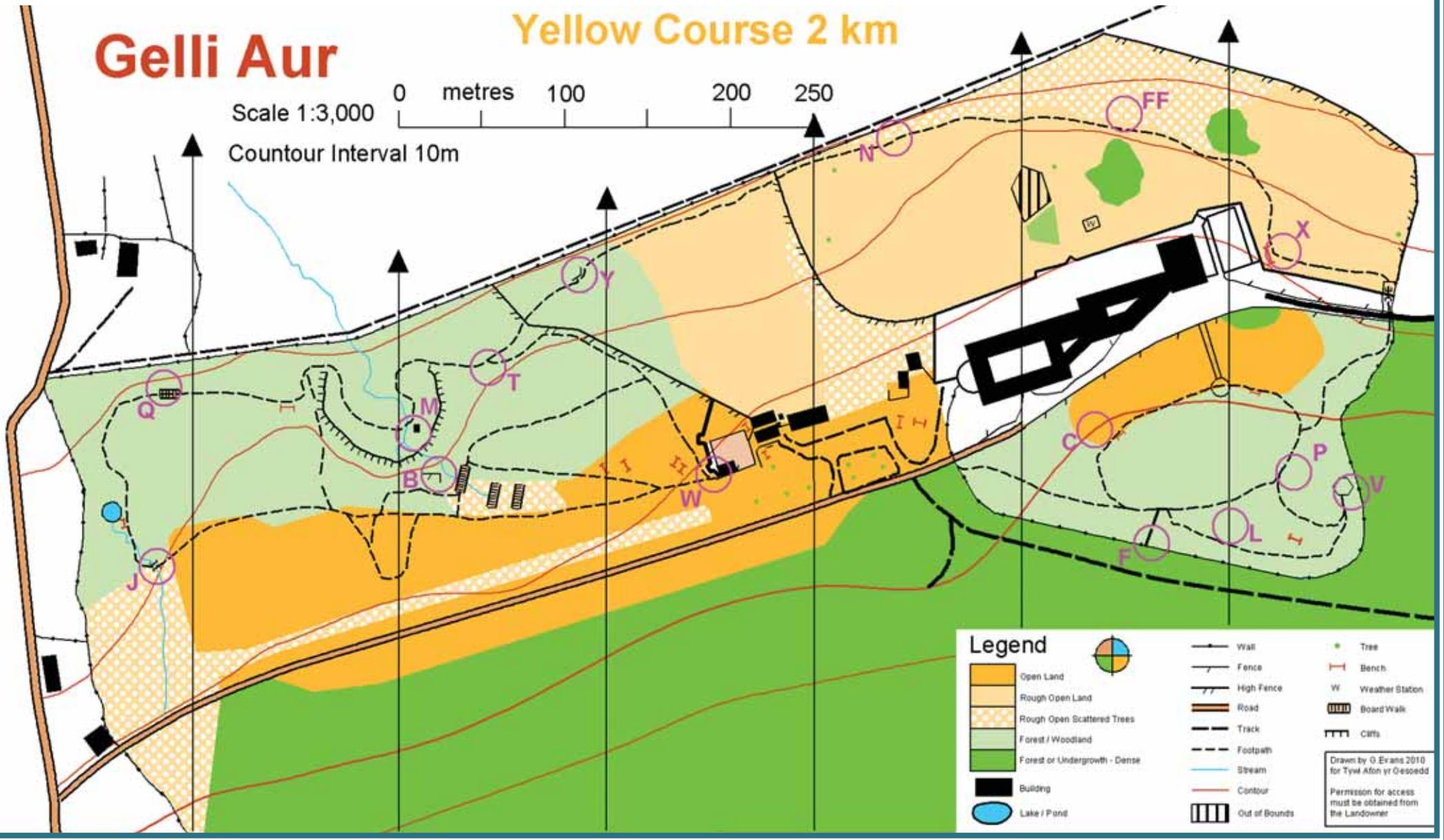
Control Card — use this control card to fill in all of the codes you find

Control Point	Code Number
B	
C	
F	
FF	
J	
L	
M	
N	
P	
Q	
T	
V	
W	
X	
Y	

Gelli Aur

Yellow Course 2 km

Scale 1:3,000
0 metres 100 200 250
Countour Interval 10m



Legend

- | | | | |
|-------------------------------|---------------|-------------|-----------------|
| Open Land | North | Wall | Tree |
| Rough Open Land | Fence | High Fence | Bench |
| Rough Open Scattered Trees | Road | Track | Weather Station |
| Forest / Woodland | Footpath | Stream | Board Walk |
| Forest or Undergrowth - Dense | Contour | Lake / Pond | Cattle |
| Building | Out of Bounds | | |
- Drawn by O Evans 2010
for Tywl Afon yr Geseodd
Permission for access
must be obtained from
the Landowner

Taking further steps in the Tywi Valley

'Orienteering in Gelli Aur Country Park' is one of a series of 6 themed walks that have been created to encourage access to the Tywi Valley. The walks have been made possible thanks to local farmers and landowners and the Tywi Afon yr Oesoedd Project that is funded by the Heritage Lottery Fund and the Rural Development Plan.

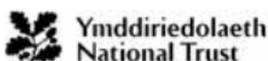
For further information on any of the Tywi Afon yr Oesoedd themed walks please visit www.tywiarivertroughtime.org.uk



Cronfa Amaethyddol Ewrop ar gyfer Datblygu
Gwledig: Ewrop yn Buddsoddi
mewn Ardaloedd Gwledig
The European Agricultural Fund for
Rural Development: Europe Investing in
Rural Areas



Llywodraeth Cynulliad Cymru
Welsh Assembly Government



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ARIENNIR GAN Y LOTERI